# Disaster Preparedness

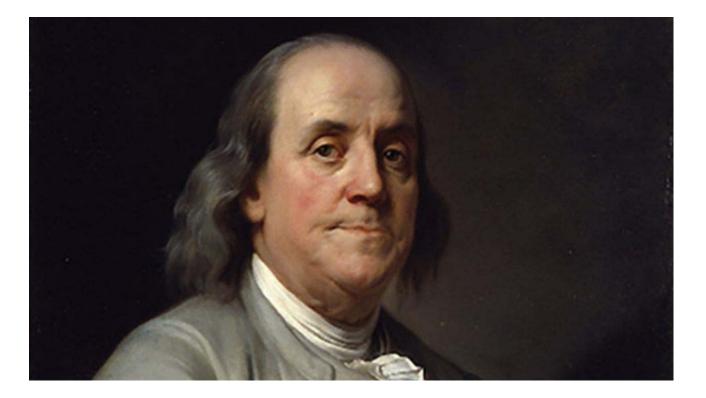
## Roger Hunt (K7MEX)

## Handouts

Q/A

## By failing to prepare, you are preparing to fail

#### **Benjamin Franklin**



# Why bother preparing?

# The government will come & save me

# Prepare for what? What kind of disaster?

## **Types of disasters**

EarthquakesLandslidesFloodsTornadoesTsunamisAvalanchesWildfiresHurricanesVolcanoes

### Primary natural disaster threat in Oregon

# Earthquake

# Huh?

## There's no major earthquake fault line in Oregon

## San Andreas Fault

## Maximum magnitude of about 8.0 to 8.1

# Fault Lines vs.

## **Subduction Zones**

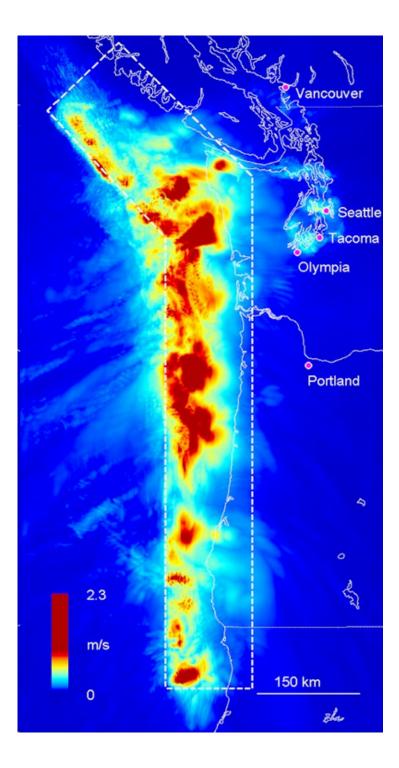
# Subduction Zones are way worse than Fault Lines

## Only subduction zones produce earthquakes greater than M8.5

# Oregon has a subduction zone

# Until 1970, no one knew it existed

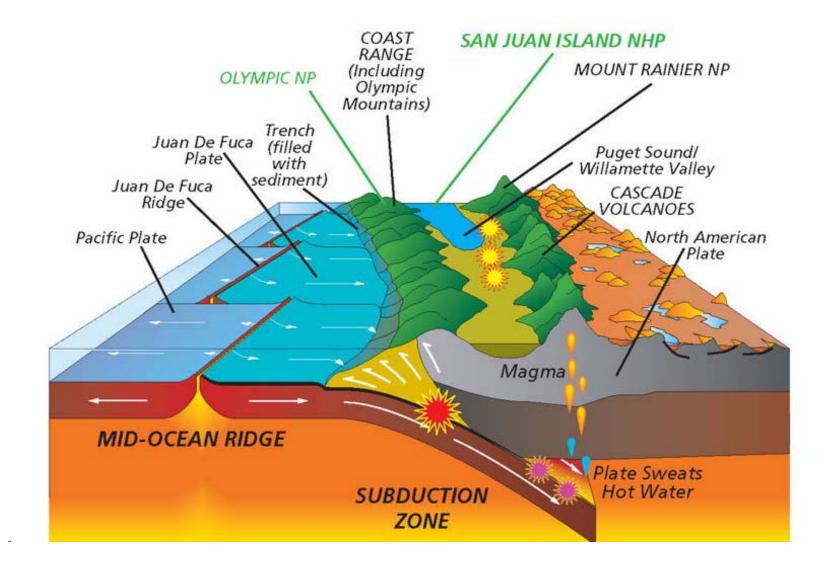
## Cascadia Subduction Zone



## Cascadia Subduction Zone has produced many M9 earthquakes in the past

Maximum magnitude of 9.3

### **Cascadia Subduction Zone**



# **Great article** The Really Big One July 20, 2015 The New Yorker Kathryn Schulz

#### **Cascadia Subduction Zone**

It will be the worst natural disaster in the history of North America

#### The CSZ will deliver a huge M9.0 earthquake for 3-5 minutes, causing widespread devastation



# And a major tsunami along the coast





FEMA projects nearly 13,000 people will die, another 27,000 will be injured

# What are the odds it will occur?

# 100%

#### **CSZ Earthquakes**

9.5 TODAY 9.0 Magnitude 8.5 8.0 7.5 7.0 Years ago

Average quake is every 246 years

#### It's been 317 years since the last one

### The odds of the big Cascadia earthquake happening in the next fifty years are 37%



# So I survive the Big One

## Now what?

#### Loss of Utilities

Assume you will lose every service to your house

Anything that arrives or leaves by wire or pipe

PowerNatural gasWaterPhoneSewerCable & Internet

#### Estimates for CSZ Service Restoration

#### **Electricity: 1-3 months**

#### Water & sewer: 1-12 months

#### Why not just leave the area?



#### Many of Portland's roads, built on fill and alluvial deposits, will crack and sink

#### Most of the area's bridges will collapse, and nearly all bridge ramps



## Most of Portland's road-clearing equipment is stored beneath the Fremont Bridge ramps

#### Oregon Office of Emergency Management

"In Oregon, 399 bridges would have totally or partially collapsed under an M 9.0 Cascadia Subduction Zone earthquake, and 621 bridges would have been heavily damaged."

# In short, bridges, highways, and railroad lines may not be passable

#### "Life is going to be very, very different for many, many years." Paul Mather ODOT Highway Division

## You probably wouldn't be able to buy gas anyway

#### Most of Oregon's fuel is stored next to the Willamette River



atop vulnerable fill and alluvial deposits

Most fuel gets there by a single 1960's pipe from Washington which crosses beneath the Columbia River

#### Portland International Airport sits on the kind of loose fill that turns into jelly in an earthquake (a phenomenon known as *liquefaction*)

FEMA's primary emergency response airport is in Redmond, 145 miles away

#### So Portland area residents might assume they aren't going anywhere for awhile

## Where you going to live? Will my house survive?

#### Wood-frame houses generally fare relatively well in earthquakes, especially newer homes

#### Walking sideways is the problem with most homes Anchoring them down often costs less than \$5,000



# What if your house is not liveable?

#### You might need a second house, one with rubber wheels, springs or shock absorbers

#### It's called an RV

And an RV has its own power, water, sewer, etc.

## So how do you survive for weeks on your own?

#### You need:

## Water Food Means for cooking Backup power

**Other stuff: Personal Hygiene Items Medicine** Clothing Tarps & plastic sheeting **Candles, lanterns, flashlights Emergency radios** First aid kit

#### Things to think about

## Water

#### Stock of water bottles



#### Water containers

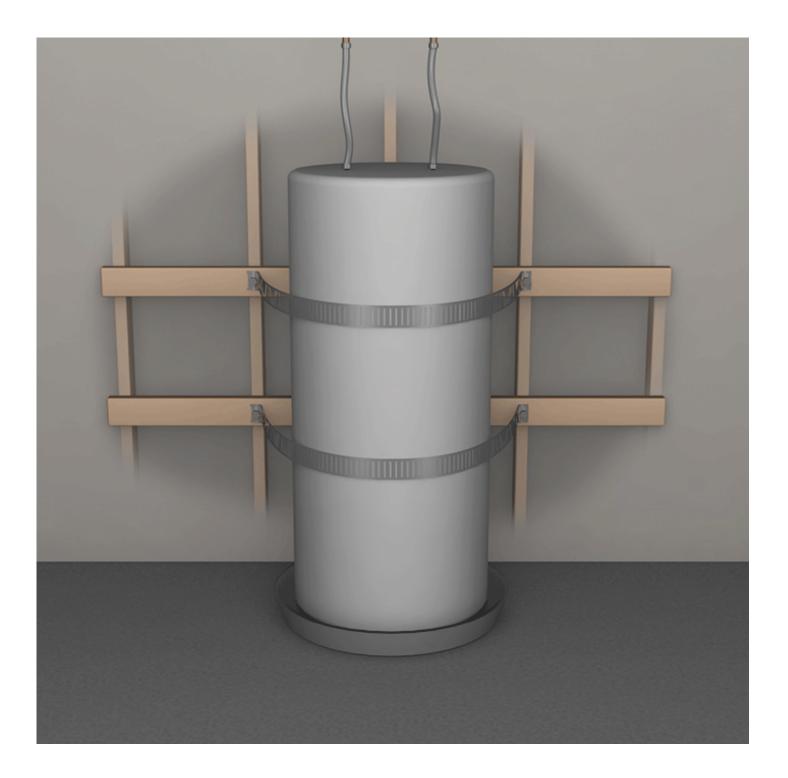


#### Water barrels



## Our water supplies

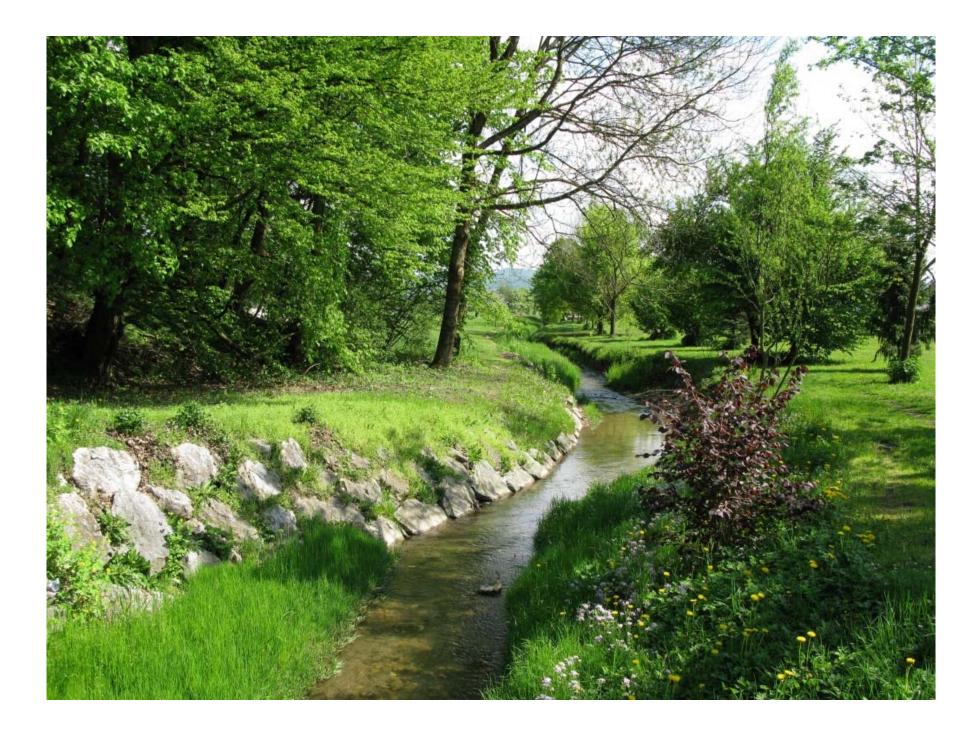
# (2) 7-gallon blue water containers (2) 55-gallon water barrels 70-gallon water tank in RV 74-gallon water heater



### Backup water resources

#### 5-gallon buckets with lids





#### Water filtration bucket

ESP Water Products Outback Plus Mini 6-12 Gallons Per Day 4-stage filtration system Removes 99.9999% bacteria



#### Sawyer mini water filters



# Similar to *LifeStraw* but more versatile



#### Toilet with no water or sewer



#### **Bucket toilet seat**

## Food

#### Where you going to buy food?

#### Oregon Office of Emergency Management

#### "No deliveries of food/water for weeks/months"





# Some food stores may be a pile of rubble!

# You need emergency food supplies!

#### **Food Priorities**

Consume refrigerated and frozen foods first

Consume food supplies from your pantry

Consume stored emergency food supplies

#### **Emergency Food Supplies**

### Canned goods Food bars Freeze dried meals Dehydrated meals

# Emergency food deception

### Costco.com



### ARK 390 Food Supply \$115 with free shipping

### Walmart.com



### Augason 30-day supply \$90-115 with free shipping

## Cooking

#### **Camp stove & propane cylinders**





### **Backup cooking equipment**

#### Coleman bottle top stove 16-oz. propane bottles



Gerry stove & fuel



Lots of matches

## Backup power

### Solar power & inverters Batteries & small inverters

Generator

### Solar power **Expensive & complex** Would it survive a M9 earthquake?

### Small inverter & car battery

Okay for small loads Will it run your refrigerator? Do you need a sine wave output?

### Generators

# Does your generator run on gasoline?

### "Shelf life" of gasoline



#### **Propane or dual-fuel generators**



#### Sportsman 4000w GEN4000LP propane generator \$269-365

### Honda EU2000



#### can be converted to dual fuel

### 100 lb. Propane tanks



# Propane has about 20% less energy than gas

### 6 gallons of propane = 5 gallons of gasoline

### Setting up your generator

# Only operate your generator outside

### **Generator option 1**

### **Run extension cord inside**

# Power only a couple necessary devices

### **Generator option 2**

# Home with a transfer switch panel

Have power partially available throughout house

### **Generator option 3**

Turn off master breaker in power panel Shut off all 240V devices Shut off unneeded 120V devices Use a home-made suicide cable

Have power available throughout house





### **Emergency Lighting**

### Flashlights Candles

### Propane lanterns Lantern pole

### **Camping Supplies** 10'x10' shelter **Sleeping bags** Folding camp table **12V portable shower 12V-powered cooler**

### **Other supplies**

### Lots of batteries Toilet paper Paper towels etc., etc., etc.

# Extra quantities of normal supplies

Double up on household supplies E.g., toilet paper or paper towels

### Where do you keep your emergency supplies?

# If possible, store in a secure shed

Food needs to be kept in a cool environment

### Bug out totes

### Numerous emergency supplies Dehydrated foods & food bars Cash

### **Personal Safety**

Generators and food supplies increase your popularity

How are you going to protect your stuff?

### **Emergency Communications**

### Battery-operated AM/FM radio Backup crank radio





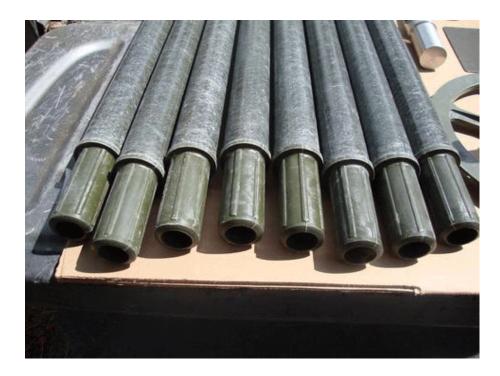
### **Amateur radio**

### 12-volt power usage Importance of voltage up-converter



### **Emergency** antenna

#### Antenna mast poles Base plate for antenna mast





# Be Prepared