Disaster Preparedness

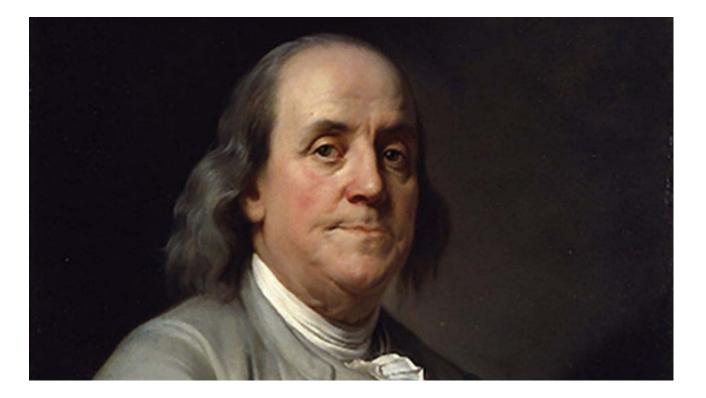
Roger Hunt (K7MEX)

Handouts

Q/A

By failing to prepare, you are preparing to fail

Benjamin Franklin



Why bother preparing?

The government will come & save me

Prepare for what? What kind of disaster?

Types of disasters

EarthquakesLandslidesFloodsTornadoesTsunamisAvalanchesWildfiresHurricanesVolcanoes

Primary natural disaster threat in Oregon

Earthquake

Huh?

There's no major earthquake fault line in Oregon

San Andreas Fault

Maximum magnitude of about 8.0 to 8.1

Fault Lines vs.

Subduction Zones

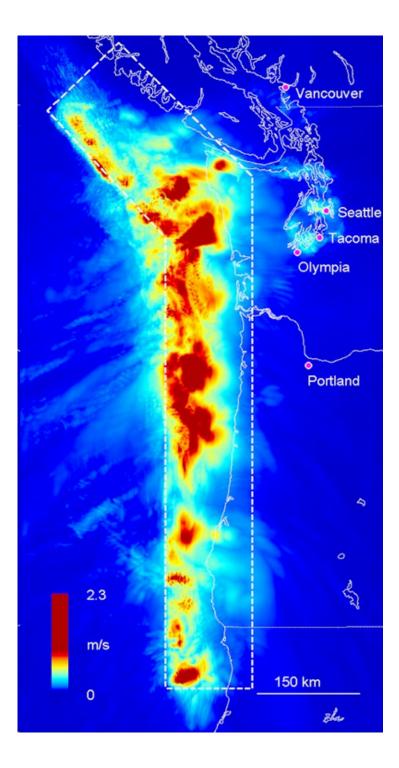
Subduction Zones are way worse than Fault Lines

Only subduction zones produce earthquakes greater than M8.5

Oregon has a subduction zone

Until 1970, no one knew it existed

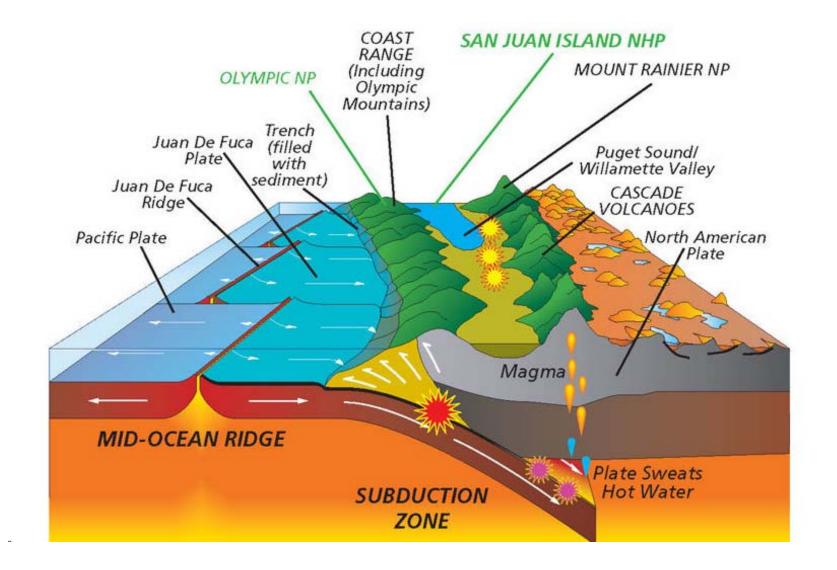
Cascadia Subduction Zone



Cascadia Subduction Zone has produced many M9 earthquakes in the past

Maximum magnitude of 9.3

Cascadia Subduction Zone



Great article The Really Big One July 20, 2015 The New Yorker Kathryn Schulz

Cascadia Subduction Zone

It will be the worst natural disaster in the history of North America

The CSZ will deliver a huge M9.0 earthquake for 3-5 minutes, causing widespread devastation



And a major tsunami along the coast





FEMA projects nearly 13,000 people will die, another 27,000 will be injured

What are the odds it will occur?

100%

CSZ Earthquakes

9.5 TODAY 9.0 Magnitude 8.5 8.0 7.5 7.0 Years ago

Average quake is every 246 years

It's been 317 years since the last one

The odds of the big Cascadia earthquake happening in the next fifty years are 37%



So I survive the Big One

Now what?

Loss of Utilities

Assume you will lose every service to your house

Anything that arrives or leaves by wire or pipe

PowerNatural gasWaterPhoneSewerCable & Internet

Estimates for CSZ Service Restoration

Electricity: 1-3 months

Water & sewer: 1-12 months

Why not just leave the area?



Many of Portland's roads, built on fill and alluvial deposits, will crack and sink

Most of the area's bridges will collapse, and nearly all bridge ramps



Most of Portland's road-clearing equipment is stored beneath the Fremont Bridge ramps

Oregon Office of Emergency Management

"In Oregon, 399 bridges would have totally or partially collapsed under an M 9.0 Cascadia Subduction Zone earthquake, and 621 bridges would have been heavily damaged."

In short, bridges, highways, and railroad lines may not be passable

"Life is going to be very, very different for many, many years." Paul Mather ODOT Highway Division

You probably wouldn't be able to buy gas anyway

Most of Oregon's fuel is stored next to the Willamette River



atop vulnerable fill and alluvial deposits

Most fuel gets there by a single 1960's pipe from Washington which crosses beneath the Columbia River

Portland International Airport sits on the kind of loose fill that turns into jelly in an earthquake (a phenomenon known as *liquefaction*)

FEMA's primary emergency response airport is in Redmond, 145 miles away

So Portland area residents might assume they aren't going anywhere for awhile

Where you going to live? Will my house survive?

Wood-frame houses generally fare relatively well in earthquakes, especially newer homes

Walking sideways is the problem with most homes Anchoring them down often costs less than \$5,000



What if your house is not liveable?

You might need a second house, one with rubber wheels, springs or shock absorbers

It's called an RV

And an RV has its own power, water, sewer, etc.

So how do you survive for weeks on your own?

You need:

Water Food Means for cooking Backup power

Other stuff: Personal Hygiene Items Medicine Clothing Tarps & plastic sheeting **Candles, lanterns, flashlights Emergency radios** First aid kit

Things to think about

Water

Stock of water bottles



Water containers

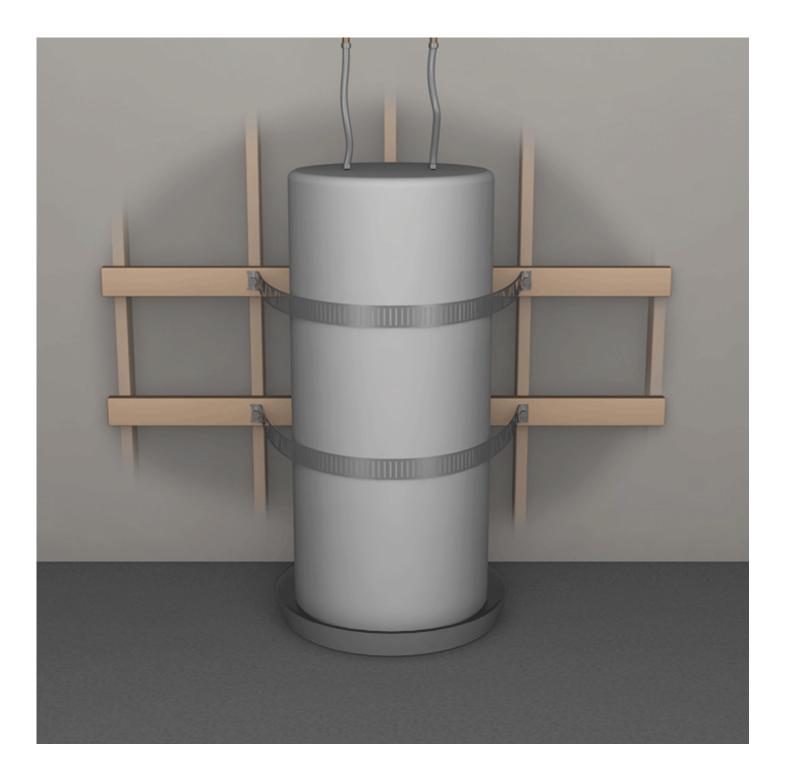


Water barrels



Our water supplies

(2) 7-gallon blue water containers (2) 55-gallon water barrels 70-gallon water tank in RV 74-gallon water heater



Backup water resources

5-gallon buckets with lids





Water filtration bucket

ESP Water Products Outback Plus Mini 6-12 Gallons Per Day 4-stage filtration system Removes 99.9999% bacteria



Sawyer mini water filters



Similar to *LifeStraw* but more versatile



Toilet with no water or sewer



Bucket toilet seat

Food

Where you going to buy food?

Oregon Office of Emergency Management

"No deliveries of food/water for weeks/months"





Some food stores may be a pile of rubble!

You need emergency food supplies!

Food Priorities

Consume refrigerated and frozen foods first

Consume food supplies from your pantry

Consume stored emergency food supplies

Emergency Food Supplies

Canned goods Food bars Freeze dried meals Dehydrated meals

Emergency food deception

Costco.com



ARK 390 Food Supply \$115 with free shipping

Walmart.com



Augason 30-day supply \$90-115 with free shipping

Cooking

Camp stove & propane cylinders





Backup cooking equipment

Coleman bottle top stove 16-oz. propane bottles



Gerry stove & fuel



Lots of matches

Backup power

Solar power & inverters Batteries & small inverters

Generator

Solar power **Expensive & complex** Would it survive a M9 earthquake?

Small inverter & car battery

Okay for small loads Will it run your refrigerator? Do you need a sine wave output?

Generators

Does your generator run on gasoline?

"Shelf life" of gasoline



Propane or dual-fuel generators



Sportsman 4000w GEN4000LP propane generator \$269-365

Honda EU2000



can be converted to dual fuel

100 lb. Propane tanks



Propane has about 20% less energy than gas

6 gallons of propane = 5 gallons of gasoline

Setting up your generator

Only operate your generator outside

Generator option 1

Run extension cord inside

Power only a couple necessary devices

Generator option 2

Home with a transfer switch panel

Have power partially available throughout house

Generator option 3

Turn off master breaker in power panel Shut off all 240V devices Shut off unneeded 120V devices Use a home-made suicide cable

Have power available throughout house





Emergency Lighting

Flashlights Candles

Propane lanterns Lantern pole

Camping Supplies 10'x10' shelter **Sleeping bags** Folding camp table **12V portable shower 12V-powered cooler**

Other supplies

Lots of batteries Toilet paper Paper towels etc., etc., etc.

Extra quantities of normal supplies

Double up on household supplies E.g., toilet paper or paper towels

Where do you keep your emergency supplies?

If possible, store in a secure shed

Food needs to be kept in a cool environment

Bug out totes

Numerous emergency supplies Dehydrated foods & food bars Cash

Personal Safety

Generators and food supplies increase your popularity

How are you going to protect your stuff?

Emergency Communications

Battery-operated AM/FM radio Backup crank radio





Amateur radio

12-volt power usage Importance of voltage up-converter



Emergency antenna

Antenna mast poles Base plate for antenna mast





Be Prepared